

BASHTA'S MARTIAL ARTS



TAE KWON DO - JUDO - SPORT KARATE - KICKBOXING - MMA - BODYBLAST FITNESS

CHECK US OUT ON THE WEB - WWW.BASHTASMARTIALARTS.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BullPen Kickboxing 5:00pm-6:00pm	Baby Bulls TKD 5:15pm-6:00pm	Bo Class 5:00pm-6:00pm BullPen Kickboxing 5:00pm-6:00pm	Baby Bulls TKD 5:15pm-6:00pm	Fight Night 5:00pm-6:00pm	Baby Bulls TKD 9:15am-10:00am
Kids Beginner TKD 6:00pm-7:00pm	Kids Advanced TKD 6:00pm-7:00pm	Kids Beginner TKD 6:00pm-7:00pm	Kids Advanced TKD 6:00pm-7:00pm	TEAM BMA PRACTICE 6:00pm-8:00pm	Kids All Rank TKD 10:00am-11:00am
Kids Judo 6:00pm-7:00pm		Kids Judo 6:00pm-7:00pm			
Adult TKD 7:00pm-8:00pm	Adult TKD 7:00pm-8:00pm	Adult TKD 7:00pm-8:00pm	Adult TKD 7:00pm-8:00pm		Bo Class 11:00am-12:00pm
Adult Judo 7:00pm-8:00pm		Adult Judo 7:00pm-8:00pm			
BodyBLAST Fitness 8:00pm-9:00pm	BullPen MMA 8:00pm-9:00pm	BodyBLAST Fitness 8:00pm-9:00pm	BullPen MMA 8:00pm-9:00pm		Adult TKD 12:00pm-1:00pm
					BullPen Live Sparring 12:00pm-1:00pm
<p>REMEMBER TO WEAR THE PROPER ATTIRE FOR THE CLASS BEING ATTENDED. PLEASE BE ON TIME FOR CLASS. IF YOU WILL BE LATE PLEASE CALL US AT 203.248.2274. TUITION PAYMENTS ARE DUE ON THE 10TH OF EVERY MONTH. BLACK BELT CLASS REPLACES ADULT TKD ON THE LAST THURSDAY AND SECOND SATURDAY OF EVERY MONTH. THANK YOU!</p>					TEAM BMA PRACTICE 1:00pm-3:00pm
Tae Kwon Do - \$65	Judo - \$65	Baby Bulls - \$50	BullPen MMA - \$50	BullPen Kickboxing - \$50	BodyBLAST - \$50

BEGINNER CLASSES CONSIST OF WHITE BELT THROUGH ORANGE BELT. ADVANCED CLASSES CONSIST OF GREEN BELT AND ABOVE.